

The background of the top half of the flyer is a photograph showing several hands of different ages and skin tones stacked together in a supportive, cupped gesture. The lighting is warm and soft.

## BEREAVEMENT SUPPORT GROUP

*Navigating Grief Together*

You don't have to walk through grief alone.  
Our group offers a confidential, caring, and  
judgement-free space for those coping with loss.

OPEN TO THE COMMUNITY

SUNCREST SAN DIEGO OFFICE

5575 RUFFIN ROAD, SUITE 250

SAN DIEGO, CA 92123

Questions? Call: 619-900-0335

**FALL SESSION:  
WEDNESDAYS  
9/17/25 - 11/19/25  
2:30 - 4:00 PM**